



DIPHENHYDRAMINE (BENADRYL) DOSAGE CHARTS

Note: Give every 6 hours if needed, for allergies or as directed by your doctor. DO NOT GIVE MORE THAN 4 DOSES IN 24 HOURS. Do NOT use with any other medicine containing diphenhydramine.

Weight	Children's Liquid Diphenhydramine (12.5mg/5mL)	Children's Diphenhydramine Chewable Tablets (12.5mg)	Diphenhydramine Tablets (25 mg)	Diphenhydramine Capsules (25mg)
20-24 pounds	4 mL	n/a	n/a	n/a
25-37 pounds	5 mL	1 tablet	.5 tablet	n/a
38-49 pounds	7.5 mL	1.5 tablets	.5 tablet	n/a
50-99 pounds	10 mL	2 tablets	1 tablet	1 capsule
100 pounds +	n/a	4 tablets	2 tablets	2 capsules